

# Medicare & Medicaid Fraud, Waste, and Abuse...

- ***Learn How to Protect***

Examples of how to protect yourself from Medicare or Medicaid Fraud, Waste, and Abuse

- ***Learn How to Detect***

Examples of Medicare or Medicaid Fraud, Waste, and Abuse

- ***Learn How to Report***

Always report problems with your Medicare or Medicaid statement

For your Free  
Monthly Personal  
Health Care Journal  
Contact:



Virginia department  
for the Aging

Center for Elder Rights

Consumer Protection  
Technical Assistance  
Resource Center

1600 Forest Avenue, Suite 102  
Richmond, Virginia 23229  
Phone: 804/662-9333

Toll Free 1-800/552-3402  
(Voice/TTY)

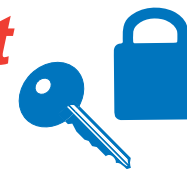
Fax: 804/662-9354

[www.aging.state.va.us](http://www.aging.state.va.us)

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Department of Health and Human Services.

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- ***Learn How To Protect***



- ***Learn How To Detect***



- ***Learn How To Report***



## Learn How To **PROTECT**

*Examples of how to protect yourself from Medicare or Medicaid Fraud, Waste, and Abuse:*



- ✓ Record your medical appointments and services in your **Monthly Personal Health Care Journal**.
- ✓ Check your medical statement with your **Monthly Personal Health Care Journal** to make sure it is right.
- ✗ Never give your Medicare, Medicaid, or Social Security number to strangers or in exchange for “free” medical equipment or any other “free” offer. Treat it like a credit card.
- ✗ Never accept medical supplies or equipment from a door-to-door salesperson.
- ✗ Never sign a blank form.

## Learn How To **DETECT**

*Call your health care provider if you detect any of these examples of Medicare or Medicaid Fraud, Waste, and Abuse:*



- Billing for services not received.
- Incorrect billing or treatment to get a higher payment.
- Overcharging for services or equipment.
- Submitting claims for services that are not medically needed.
- Using another person's Medicare Card to get medical services.
- Offering a “free lunch” or “free exam” and then charging Medicare for it or something else.
- Be aware of kickbacks – (payments you get for telling others to go to a certain health care provider.)

## Learn How To **REPORT**

*Always report problems with your Medicare or Medicaid statement:*



- 1 Call your health care provider first. There may be a simple billing mistake.
- 2 If you still have problems after talking to your health care provider, Call 1-800/552-3402 (Voice/TTY) to Report Suspected Medicare or Medicaid Fraud.

When reporting problems have the following information ready:

- Your Medicare or Medicaid Number and Your Name
- Your Health Care Provider's Name
- Date of Service
- Description of Problem

**Call the Virginia Department for the Aging For Your Free Monthly Personal Health Care Journal  
804/662-9333, Toll Free 1-800/552-3402 (Voice/TTY)**

